

## Inclusive Support for Disability Services and Wellness

The Oasis platform is accessible to all students at your institution, with an extensive library of mental health, emotional health, and general wellness information.

Oasis has content on disability accommodations, common concerns, support for a variety of conditions, and more.

Reach out to an Oasis Support Counselor to receive emotional support!



Scan to download the Oasis App!

## **Suggested Self-Care Content**

- Understanding Disabilities
- Self-Advocacy & Accommodations
- Learning Disabilities: The Basics
- Mobility Disability Advocacy
- Navigating College with a Mental Health Condition

Oasis is a free mental health resource to students at your School.